



BLACK BELT CLUB – THE BLUE DRAGON WAY

HONESTY, SAFETY AND RESPECT

What is Black Belt Club? Black Belt Club (BBC) is simply the group of students whose goal it is to achieve the rank of Black Belt at Blue Dragon Martial Arts. The Club is a tool and support system to help focus students on that commitment and help them reach that long term goal.

How to qualify: Any student can be on Black Belt Club, but it is a commitment and a promise we take seriously, so students must have trained long enough to know if they want to really make that commitment. The rank of Black Belt can take up to 8 years or more (depending on training) so a student must be an Orange Belt in Blue Dragons or a Red Stripe in Lil' Dragons to join. Next, the student, with the help and permission of a parent, must write a BBC Commitment Letter to Sensei and Blue Dragon. In this letter, they must use their own words to express their promise and commitment to the goal. They should tell how hard they will work, explain how they will not quit even if it gets hard or they "get bored," how and why they want to do this, etc. Then they must sign it, a parent must sign it and turn it in to Sensei to also sign. (The student *should* be on STORM team, but this is not required.)

What you get: After Sensei has read and approved your letter, you will get a BBC patch to sew on your uniform showing others your commitment. The Club will meet once a month at the Dojo to work on things specific to each student on their path to Black Belt. Each student will keep a BBC journal on the meetings and their training. BBC students will occasionally be given additional details on their training in regular classes and will be held to a higher standard of manners, effort and technique than most.

Cost: There is an additional \$10 per month added to any Dragon Program for BBC.

So now what? Talk to your parents, write your letter, talk to Sensei and turn in your letter, have your parents set up the payment, get your patch, sew it on, get a notebook/journal and... attend your first BBC meeting!