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BLUE DRAGON

BASIC DOJO RULES

HONESTY, SAFETY AND RESPECT

ALL STUDENTS MUST:

- **BOW WHEN ENTERING OR LEAVING THE DOJO**
- **GET A DRINK AND GO TO THE BATHROOM BEFORE CLASS**
- **NO SHOES ON THE DOJO FLOOR**
- **FOLLOW "THE GOLDEN RULE": TREAT OTHERS HOW YOU WANT TO BE TREATED**
- **ANY TYPE OF PREJUDICES (RACE, ORIENTATION, RELIGION, SEX, SIZE OR SOCIAL STATUS) WILL NOT BE TOLERATED IN THE DOJO**
- **HANDS TO YOURSELF UNLESS TRAINING WITH A PARTNER**
- **KEEP YOUR THINGS NEATLY WITH YOUR SHOES**
- **NO EATING OR CHEWING GUM IN CLASS**
- **NO BAD WORDS, ABUSIVE OR THREATENING LANGUAGE**
- **NO ROUGH PLAY OR GOOFING OFF WHILE TRAINING ESPECIALLY WITH TECHNIQUES OR WEAPONS**
- **NEVER USE MARTIAL ART TECHNIQUES OUTSIDE OF CLASS EXCEPT FOR DEFENSE, COMPETITION OR DEMONSTRATIONS**
- **UNIFORM (GI) MUST BE CLEAN AND WORN DURING CLASS**
- **WEAPONS USED FOR DEMO TEAM MAY ONLY BE TAKEN FROM HOME TO CLASS AND BACK AND SHOULD BE IN BAG**
- **KEEP WEAPONS IN SAFE WORKING ORDER AND QUIET DURING CLASS**
- **GRADES MUST BE KEPT UP**
- **DO NOT TOUCH OR PLAY WITH OR CLIMB ON ANY DOJO EQUIPMENT WITHOUT ASKING**
- **ALWAYS ANSWER INSTRUCTORS WITH "OSU" OR "YES, SENSEI," OR "NO SENSEI..."**
- **ALWAYS GREET PARENTS, TEACHERS AND INSTRUCTORS WHEN YOU SEE THEM**
- **PAY ATTENTION AND LISTEN QUIETLY WHEN SENSEI IS SPEAKING**
- **NEVER GET MAD OR SEEK TO "GET SOMEONE BACK" YOUR ENEMY IS NEVER IN THE DOJO**
- **DO YOUR BEST**
- **DON'T BE A SORE LOSER OR A RUDE WINNER**
- **IF YOU NEED HELP, ASK FOR IT**
- **DON'T INTERRUPT**
- **FOCUS TO THE FRONT OR AT SENSEI**
- **BE HONEST IN ALL YOU DO**
- **PRACTICE!**